



MARCH



Crew Captains Wanted

Looking for leadership experience? Been Crewing for years and want a change? Looking for 2015 Crew Captains!

- Shuttle Coordinator
- Participant Experience
- Pit Stop 3
- Lunch
- Caboose
- Food Service
- Green Team

Email Crew Coach – Alexa-Reigh at arthomson@conquercancer.ca

ONEWALK.CA
416.815.9255

Believe It
WE WILL CONQUER CANCER
IN OUR LIFETIME

The Princess Margaret
Cancer Foundation UHN

The Campbell Family
Cancer Research Institute
AT PRINCESS MARGARET CANCER CENTRE

Founding Partner



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SHOPPERS
DRUG MART



Recruitment

Spots are filling up fast! We have openings on all of our teams. Send in your assignment form today to guarantee your SPOT!

SHOPPERS DRUG MART OneWalk TO CONQUER CANCER
PRINCESS MARGARET CANCER CENTRE

The 2015 SHOPPERS DRUG MART ONE WALK TO CONQUER CANCER CREW TEAMS

Advance Team

- **Route Marking:** Works on Friday through Saturday in teams of four to mark the route with directional signage, park up signage after route has finished and assist signage as necessary. Great opportunity to see the whole route. Ideal for former Walkers - **Must be available (Friday, September 11th 2015 (Advanced) and able to drive a vehicle. Valid G License required. Fax a copy of your driver's license in advance.**

Operations Team

- **Kit Prep/Change Assistance:** Assist Kit Prep Crew along route and assigned change locations. Ensuring all extra snacks are packed up, ensure site is clean on our departure and other cleanup duties. Work with Kit Prep Crew teams to ensure Kit Prep schedule.
- **Trail:** This team works closely with staff to transport Participants and supplies as needed. Supply could include a trip to the hospital, as well as volunteer transporting specialty meals to route stops. **Assigned to provide own vehicle, copy of driver's license and proof of insurance.**
- **Staff/Kit Coordination:** Works closely with staff participants and the bus driver. Acts as a registrar and communications assistant to transport Crew and Individualized Walkers to specified locations. Communicates also with the Support Team. **Being to long periods of time alone/able on the bus.**
- **Team #2886:** Works with Staff members to set up and operate the registration area at Opening Ceremonies and Closing Ceremonies. Responsible for assisting all who wish to register for the 2015 event. Assists with answering questions onsite at event. **Shoppers Card is required. Come along prepared.**
- **Traffic & Safety:** Responsible for managing vehicular and pedestrian traffic into and out of Opening Ceremonies & Closing Ceremonies. Directs people to appropriate parking areas and allows only Event vehicles into designated parking areas. Enforces parking rules established by the Logistics Team. Also this team will help reduce parking congestion throughout the event with clearing and encouragement. Good opportunity to see the Walkers live impact.
- **Participant Experience Team:** Responsible for enhancing Participant experience by handing out pencils, sharing with Participants, morning opening stations, adding signs to the route! **Must be people oriented, very outgoing and active! Some driving may be required.**

Meal/Break Teams

- **Kit Prep Teams:** Essential functions include the set-up of snacks and hydration areas along the route. Also required to help with traffic control at each rest stop location. These teams are the first to leave in the morning and often the last to return to the finish at the end of the day. **Kit Prep staff provide hydration and medical services. Some driving required. This is a great job for Crew Members who want a lot of contact with the Walkers! Drivers for the trucks are needed (G Truck).**
- **Cook & Ca Teams:** This team is responsible for the set up and traffic control at each Cook location. These teams have the best to do in the morning and after the set to return to the finish at the end of the day. **Cook & Ca locations offer hydration, restrooms but no medical. Utility required. Drivers for the trucks are needed (G Truck).**
- **Hydration & Snack Support:** This team assists in the distribution and replenishment of snacks needed for

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2015 Crew Assignment Form

Please fill in all of the information below and return the form by fax, post or email.

A. Contact Information (Please PRINT clearly)

Name: _____
 Email: _____ (Cell Number: _____)

B. Valid Licenses/Certifications:

N/A/UK/UKA Special License (G, A, etc.)
 None

C. Weight and sex (approximate)

Male 100-120 lbs 120-150 lbs 150-180 lbs 180+ lbs

D. Indicate you are comfortable driving:

None Van (7 person maximum) 15 R. 24 R. Truck Manual Transmission Truck
 None

E. Assignment (Choose the all of our best to accommodate your choice, but the needs of the event come first)

A _____ B _____

F. Can you provide your own vehicle? Yes No

*Please note that other forms are required to provide that personal vehicle for transportation. Fuel reimbursement will be issued onsite. If yes, what make of vehicle are you driving: _____

G. Are you currently a student? Yes No

H. Are you part of a corporate team? Yes No

I. Would you be interested in leading Crew life support? Yes No

J. Are you available on the Friday (Day before event weekend)? Yes No

K. Do you drive? (Some start times are before breakfast) Yes No

L. Are you a walking Crew Member? Yes No

M. Special Considerations: Please list any physical limitations, injuries, allergies, other a hand etc.

The Shoppers Drug Mart One Walk to Conquer Cancer
 400 Richmond St West, Suite 1000 Via Email: arhthomson@conquercancer.ca
 Toronto, ON M5V 1Y1
 Note: Anna Leigh Thompson - Crew Coach

REGISTER TODAY and send your [Crew Assignment form](#) to arhthomson@conquercancer.ca

Setup your personal page today!

Log into your participant center and get your page setup today. Upload a picture of yourself and share with everyone why you are crewing in our event this year.

Make an epic impact by raising fundraising dollars today that immediately benefit The Princess Margaret Cancer Centre and believe that we will Conquer Cancer in our lifetimes! Work on getting that first donation in this month towards your suggested \$500.00 goal! **Good luck!**



Fundraising Tips

The holidays can be a great time to get your first donation to reaching your \$500 goal!

- Have a lucky shamrock for people to put their change into when they come over!
- Start a raffle in your office with a jar of four leaf clover candies. Have your colleagues pay a dollar to guess how many are in the jar. Winner gets to bring the jar home!
- Email Crew Coach, Alexa-Reigh at arthomson@live.com for more help on fundraising ideas!



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