



The 2015 SHOPPERS DRUG MART ONE WALK TO CONQUER CANCER CREW TEAMS

Advance Team

- ★ **Route Marking:** Works on Friday through Saturday in teams of two to mark the route with directional signage, pick up signage after route has closed, and repair signage as necessary. Great opportunity to see the whole route. Ideal for former Walkers. **Must be available Friday, September 11th 2015 (daytime)** and able to drive a vehicle. Valid G License required. Fax a copy of your driver's license in advance.

Operations Teams

- ★ **Pit Stop Closure Assistants:** Assist Pit Stop Crew along route and assigned closure locations. Ensuring leftover snacks are picked up; ensure site is clean on our departure and other closing duties. Work with Pit Stop Crew teams to close Pit Stops on schedule.
- ★ **Taxi:** This team works closely with staff to transport Participants and supplies as needed. Duties could include a trip to the hospital, a trip to Walmart or transporting specialty meals to route stops. **Required to provide own vehicle, copy of driver's license and proof of insurance.**
- ★ **Shuttle Coordinator:** Works closely with staff, participants and the bus driver. Acts as a navigator and communications assistant to transport Crew and tired/injured Walkers to specified locations. Communicates often with the Dispatch Team. Sitting for long periods of time while riding on the bus.
- ★ **Team 2016:** Works with Staff members to set up and operate the registration area at Opening Ceremonies, and Closing Ceremonies. Responsible for assisting all who wish to register for the 2016 event. Assists with answering questions onsite at finish. Monitors Lost & Found. *Some lifting required.*
- ★ **Traffic & Safety:** Responsible for managing vehicular and pedestrian traffic into and out of Opening Ceremonies & Closing Ceremonies. Directs people to appropriate parking areas and allows only Event vehicles into designated parking areas. Enforces parking plans established by the Logistics Team. Also this team will help radiate positivity throughout the event with cheering and encouragement. Ideal opportunity to see the Walkers. *Low impact.*
- ★ **Participant Experience Team:** Responsible for enhancing Participant experiences by handing out goodies, chatting with Participants, manning cheering stations, adding spice to the route! Must be people oriented, very outgoing and active! *Some lifting may be required.*

Road Based Teams

- ★ **Pit Stop Team:** Essential functions include the set-up of snacks and hydration areas along the route. Also required to help with traffic control at each rest stop location. These teams are the first to leave in the morning and often the last to return to the finish at the end of the day. Pit Stops offer snacks, hydration and medical services. *Some lifting required.* This is a great job for Crew Members who want a lot of contact with the Walkers! *Drivers for the trucks are needed (15' truck).*
- ★ **Grab & Go Team:** This team is responsible for the set-up and traffic control at each Grab location. These teams are the first to leave in the morning and often the last to return to the finish at the end of the day. Grab & Go locations offer hydration, restrooms but no medical. *Lifting required. Drivers for the trucks are needed (15' truck).*
- ★ **Hydration & Snack Support:** This team assists in the distribution and replenishment of snacks needed for each of the Route Stops. Will also pick-up of leftover snacks at the end of the day, as needed. The existing Crew Teams at each stop will assist with the unloading and reloading of supplies throughout the day. The team works closely with Dispatch staff to be certain that all Route Stops have sufficient hydration & snack supplies. *Lifting required. Drivers for the trucks are needed (24' truck). Please notify your Crew Coach if you have a license to drive special truck classes.*
- ★ **Sweep:** This team drives the route in vans or SUVs patrolling sections of the route for Walkers who need to be picked up. This team is a group of event support vehicles who will help Walkers if needed as they go. Also

encouraging the Walkers the whole way with music and decorations. *Some lifting required. Encouraged to provide own SUV or Mini-Van, must have drivers license and proof of insurance.*

- ★ **Green Team:** This team is responsible to ensure the route and all route stops/event sites are restored to their original condition. The team will travel the route and stop at all Pit Stops to collect all prepared bags of waste for removal. Ideal for 'Green Minded' people. *Some lifting required. Drivers for trucks are needed (24' truck).*
- ★ **Lunch:** This team is responsible for the set-up, operation and take-down of the lunch area in conjunction with the Catering professionals who transport the lunches to the site. Specific tasks include distributing lunches, distributing drinks, controlling vehicle traffic and cleaning up the lunch area. *Some lifting required. Driver for truck needed (24' truck).*
- ★ **Caboose:** This team follows the first and last Walkers on a bicycle to ensure that Walkers stay on the established route and receive assistance as needed from the Sweep and Medical Teams. Maintains constant communication with the Dispatch team. *Each individual must provide their own bicycle and be willing to ride for the duration of the day.*

Camp Based Teams

- ★ **Food Service:** This team serves meals cafeteria style at Opening Ceremonies and at the Finish/Closing Ceremonies. Must be able to stand for two to three hours at a time. Meals include, Breakfast and Dinner on Saturday. Working on the Food Service team is a great way to meet and see all involved with the Crew, Walkers, Staff, and evening entertainment.
- ★ **Camp Green Team:**
This team will manage and organize all garbage and recycling at Camp. This is a very physical job and absolutely necessary for the event. Ideal for 'Green Minded' people. *Lifting required.*

Specialty Teams

- ★ **Medical:** Comprised of a variety of medical professionals, this team provides all first-aid medical services to participants at Opening Ceremonies and Finish/Closing Ceremonies, and will provide emergency service where necessary until local EMS/Paramedics arrive on scene. The Medical Tent is staffed from early in the morning till late in the evening. Medical Team will be screened as necessary for appropriate experience and training. *All Medical Team members must provide proof of their Medical License and Insurance.*
- ★ **Route Medical:** This group is a part of the Medical Team and they provide first aid and medical support at each of the Stops along the route. Will manage any emergency situations that arise, until local emergency medical services arrive on the scene. *All Medical Team members must provide proof of their Medical License and Insurance.*
- ★ **Massage:** This team provides essential massage services to participants during the event. Ideally, massage therapists will be experienced in sports massage, with at least 200 hours of experience. Services will be offered at Camp and the Finish Line. *Massage crew must bring their own massage table. Proof of certification or student status is required.*
- ★ **Yoga:** This team will lead interested Participants in yoga and stretching. Services will be offered at Camp and the Finish Line. *Proof of certification is required.*
- ★ **Motorcycle Safety:** Moto Safety works with Road Dispatch staff and local law enforcement to guarantee safe passage for Walkers during the day's route. Assist at difficult intersections and other locations as requested. **Required** to provide own motorcycle and helmet, as well as insurance.

YOUR NEXT STEPS

1. Call your Crew Coach at 416-815-9255 for clarification or more detail on any team.
2. Complete and return your assignment form on OR email your choices to arthomson@conquercancer.ca
3. Wait for your assignment letter (assignments will be emailed unless otherwise requested).
4. Attend a Crew 101 (see the Orientation Calendar or call the Office) & recruit a fellow Crew Member!
5. Challenge yourself to fundraise and start reaching your goals!